



2024-2025 Season Plans

With registration for tryouts starting next week, we wanted to share some information with you on our plans for the 2024-25 season. Full details will be in our Program Handbook that will be released this spring but here are a few things you can expect.

All-Star

- Pre-Tryout Training: May 13-23.
- All Star Tryouts: May 27-30.
- Practices will begin the week of June 3. Teams with skills camps (see below) will have a weekend practice the first weekend of June (June 7/8).
- All-Star Teams U8 - Open (not Worlds) will have skills camps with external instructors (and Storm coaches). Camps will be spread over 2 days, with 8 hours of instruction time.
 - Calgary: June 14 (evening), June 15 (morning to late afternoon) and June 16 (morning).
 - Edmonton & Sherwood Park: June 21 (evening), June 22 (morning to late afternoon) and June 23 (morning to late afternoon).
- Worlds teams will have additional summer training and/or a team bonding weekend.
- No training June 28-July 14 or August 27-Sept 2.
- U8 to Open All-Star teams will have professional choreography done in early September. Some teams will also have an additional session to learn their dance, in November.
- Worlds teams will continue to receive full routine professional choreography.
- There will be one additional practice for all teams on a monthly basis from September to November. These practices will be scheduled and communicated in June to allow sufficient notice for families to plan.
- Our gym showcase, Purple Reign, will be held in Edmonton on December 14 and will include all 3 Perfect Storm locations as we celebrate 15 years of Perfect Storm Athletics.

- U8 to Open All-Star teams this season will all travel within Canada, however, travel destinations have yet to be confirmed.
- There will be 1-2 special “elite travel teams” offered at each Perfect Storm location.
- Black Rebel cheer shoes will be a requirement for all all-star athletes from U6 to Worlds.

Prep

- We are running prep spring training classes April-May.
- Prep teams will no longer have team placements. New athletes to our prep program will have a skill assessment to ensure athletes have the best experience and are placed in the best program suited for their skillset. Families will be able to register online for a day that works best for their schedule.
- Prep team practices start the week of September 3.
- Prep team choreography will be done by a team of Perfect Storm Athletics choreographers.
- Our gym showcase, Purple Reign, will be held in Edmonton on December 14 and will include all 3 gyms as we celebrate 15 years of Perfect Storm Athletics.
- There will be one additional practice for all prep teams on a monthly basis from September to November. These practices will be scheduled and communicated by mid-July to allow families sufficient notice for planning purposes.
- Prep teams will have more practices and will run until mid-April. Practices canceled due to Statutory Holidays will be made up with make up dates communicated by mid-July.